



EGD PREPERATION INSTRUCTIONS

(ESOPHOGASTRODUODENOSCOPY)

2 Weeks Prior: **Discontinue** any Diet/Weight Loss Medications (i.e. Phentermine)

5 Days Prior: **Discontinue NSAIDS** (These include Ibuprofen, Naproxen, Indocin, Mobic, Advil, Motrin, Fish Oil, Omega 3, and Vitamin E) **Tylenol** is okay.

Day Prior To Procedure: Regular diet until 8pm.

NOTHING TO EAT AFTER 8PM

CLEAR LIQUIDS ARE ALLOWED UNTIL MIDNIGHT

NOTHING AFTER MIDNIGHT (NO WATER NO GUM ETC)

If you currently take blood pressure or cardiac medication in the morning, go ahead and take it early the morning of the procedure with just enough water to get it down.

Resume the rest of your medication *after* the procedure is complete.

Do not take oral ***Diabetic*** medications morning of procedure. Bring these with you to take AFTER procedure is complete.

You will be under IV sedation so you will need a responsible adult available to drive you home.

YOU MAY NOT DRIVE HOME

- Wear comfortable clothing. Bring case for glasses, contacts, dentures, etc. Leave valuables and jewelry at home.
- After the procedure the doctor will give you any instructions you may need when you go home.
- Please call the doctor's office for a follow up appointment. Biopsy results take 7-10 days to be processed.

Place of procedure _____

Date of Procedure _____

Arrival Time _____ Procedure Time _____

We have reserved this time for you. Cancellation of the procedure with our office at 936-321-0000 without a notice two business days prior will incur a charge of \$100.00